

Only turning your head when giving salaam in prayer

Article taken and slightly adapted from: shaikhalbaani.wordpress.com (Al-Hudaa wan-Noor, no. 397)

بسُمِ ٱللهِ ٱلرَّحْمَرُ ٱلرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

On only turning your head when you give salaam in the prayer, not your shoulders and body

The Imaam (رَحِمَهُ الله)¹ said to a person who had been praying next to him, "When you want to give salaam [to end the prayer] don't trouble yourself, moving your shoulders right and left, stay as you are [i.e., keep your shoulders as they are and just turn your head not your body], you will trouble yourself like that—and I don't want you to be troubled, doing so is burdening yourself unnecessarily, may Allaah bless you."



^{1 (}رَحِمَهُ اللهُ) (rahimahullaah) May Allaah have mercy on him