

Advice on someone affected with Jinn

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Shaykh al-Albaanee (رَحْمَةُ اللَّهِ): Yes.

Questioner: As-Salaamu 'alaikum.

Shaykh al-Albaanee: Wa 'alaikum salaam.

Questioner: How are you, my Shaykh?

Shaykh al-Albaanee: Alhamdulillah, well.

Questioner: May Allaah bless you and give you a long life dedicated to His obedience.

Shaykh al-Albaanee: May Allaah protect you and give you the same.

Questioner: O Shaykh, I'm undergoing a great test from Allaah the Mighty and Majestic. I've been sick for the past two and a half years, and Allaah knows best but my sickness is due to the Jinn's touch [مَس].

Shaykh al-Albaanee: May Allaah remove any harm from mankind and the jinn from you.

Questioner: Aameen, O Lord of all Worlds. O Shaykh, I've been tormented a great deal. All praise is due to Allaah, all praise is due to Allaah, Lord of all worlds. I haven't left a place where there are Salafee Shaykhs except that I've been there, may Allaah bless them, so I have had lots of Ruqyah done. But it didn't help.

I've been tormented severely to such an extent that I can't attend any Islaamic lessons. I haven't been able to pray in the mosque for a number of months. I can't sleep. I can't have physical relations with my family. I can't drive my car. And many, many such disasters. I had to leave my job.

And this has tormented me severely, ya'nee, to such an extent that ... I'm patient, and all praise is for Allaah, but, ya'nee, I ask the people and most of them say, 'Brother, go and get yourself cured through any means necessary.'

I'm someone who, ya'nee, alhamdulillah—I don't mean to praise myself—I'm practising, upon obedience to Allaah with His Permission, the Mighty and Majestic.

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To be frank I'm being severely tormented to such an extent that when I read the Qur'aan blood comes out of my stomach. I can't read the Qur'aan. I can't perform my salaah with khushoo'. I am really sick. Even now when I am sat speaking to you I feel the fatigue/pain.

So I need a fatwaa, O Shaykh. ya'nee, do I [try to] stay patient and hope for the reward from Allaah the Mighty and Majestic or do I meet Allaah the Mighty and Majestic with Him angry at me ... [for trying to find a cure through something that goes against the Sunnah] or should I seek a cure ..., ya'nee, I've done lots and lots of checkups with doctors, laparoscopies and x-rays but they found nothing.

But in my intestines, in my stomach there is something that bloats and really hurts me ...

Shaykh al-Albaanee: How old are you?

Questioner: I'm twenty-seven, Shaykh.

Shaykh al-Albaanee: Okay, so you said that you are practising?

Questioner: In'shaa'allaah.

Shaykh al-Albaanee: Okay, the first thing I advise you is not to go to Shaykhs who summon the Jinn.

Secondly, that you face all of your issues with the Prophetic adhkaar, and they can be found in a small book by me printed under the name, 'Saheeh al-Kalim at-Tayib.'

So regard this small book as your [personal] medical prophetic prescription. Follow every supplication in it. Implement every dhikr that is in this book to the letter.

How? When you stand to pray you have to read al-Faatihah and when you bow or prostrate etc., [there are certain things you have to say] in the same way [learn and] use the words of remembrance that are mentioned in this book. For example, when you enter your house say: Bismillah ['In the Name of Allaah'], when you leave it you say:

بِسْمِ اللَّهِ ، تَوَكَّلْتُ عَلَى اللَّهِ
Bismillaah, tawakkaltu 'alallaah.

[In the name of Allaah. I place my trust in Allaah.]

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَضِلَّ أَوْ أُضَلَّ • أَوْ أَزِلَّ أَوْ أُزَلَ • أَوْ أَظْلِمَ أَوْ أُظْلِمَ • أَوْ أَجْهَلَ أَوْ يُجْهَلَ عَلَيَّ

"Allaahumma 'innee 'a'oothu bika 'an 'adilla 'aw 'udall, 'aw 'azilla 'aw 'uzall, 'aw 'azlima 'aw 'uzlama, 'aw 'ajhala 'aw yujhal 'alayya.

O Allaah! I take refuge with You lest I should stray or be led astray, or slip or be tripped, or oppress or be oppressed, or behave foolishly or be treated foolishly. [slip: i.e. to commit a sin unintentionally.]"

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So when you enter the house it's with Bismillah, when you enter the toilet you seek refuge with Allaah with the relevant dhikr mentioned in the book and so on. This is what I advise you with firstly and I hope that by using these Prophetic words of remembrance your cure will follow.

Secondly, I say to you that you need to be patient—and this is something you have to do—until the cure comes to you.

And I will remind you of a hadeeth of the Prophet ﷺ. There was a woman who used to have fits/seizures. Do you know what that means?

Questioner: Yes, O Shaykh.

Shaykh al-Albaanee: What does it mean?

Questioner: That she would lose consciousness.

Shaykh al-Albaanee: Well done. And when she would fall unconscious she would become uncovered, you know what that [word tankashif] means?

Questioner: Yes, O Shaykh, [parts of her would] become bare ...

Shaykh al-Albaanee: May Allaah bless you. So she came to the Prophet ﷺ asking him to make du'aa for her. And this is the Messenger of Allaah ﷺ whose supplications are guaranteed answered. So he said if you wish I will supplicate for you and if you wish you can be patient and Paradise is yours. Do you understand?

Questioner: Understood, O Shaykh, may Allaah bless you.

Shaykh al-Albaanee: And you too. [Her being] a religious, smart lady, she says if that is the case O Messenger of Allaah I will be patient. But supplicate that I do not become uncovered. So Allaah's Messenger ﷺ made du'aa for her and thereafter she used to have seizures—why was she satisfied with having them? Because the Prophet ﷺ gave her the good news that if she was patient then Paradise is hers.

So [again] because she was intelligent and because of her Deen she wanted to guard her dignity so she said then supplicate to Allaah for me O Messenger of Allaah ﷺ that I do not become uncovered. So he ﷺ supplicated for her and thereafter whenever she would have a seizure none of her would become exposed.

So I advise you to be patient and not to become discontented and you must keep Allaah's Saying in mind:

"We will certainly test you with a touch of fear and famine and loss of property, life, and crops. Give good news to those who patiently endure—who, when faced with a disaster,

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say, 'Surely to Allaah we belong and to Him we will all return.' They are the ones who will receive Allaah's Blessings and Mercy. And it is they who are rightly guided."¹

This is the answer I have for you. So in summary, I will repeat and say to you again, seek your treatment and cure with the Prophetic medicine. Then be patient. Clear?

Questioner: May Allaah reward you with good, O Shaykh.

Shaykh al-Albaanee: And you too, in'shaa'allaah.

Questioner: All praise is due to Allaah, Lord of all Worlds.

Shaykh al-Albaanee: Alhamdulillah always. And I hope that you are cured quickly.

Was-salaamu 'alaikum.

¹ Soorah al-Baqaraah [2:155-157.]